CERTIFIED COMMUNITY BEHAVIORAL HEALTH CLINICS DEMONSTRATION PROGRAM:

REPORT TO CONGRESS, 2019

Office of the Assistant Secretary for Planning and Evaluation

The Assistant Secretary for Planning and Evaluation (ASPE) advises the Secretary of the U.S. Department of Health and Human Services (HHS) on policy development in health, disability, human services, data, and science; and provides advice and analysis on economic policy. ASPE leads special initiatives; coordinates the Department's evaluation, research, and demonstration activities; and manages cross-Department planning activities such as strategic planning, legislative planning, and review of regulations. Integral to this role, ASPE conducts research and evaluation studies; develops policy analyses; and estimates the cost and benefits of policy alternatives under consideration by the Department or Congress.

Office of Behavioral Health, Disability, and Aging Policy

The Office of Behavioral Health, Disability, and Aging Policy (BHDAP) focuses on policies and programs that support the independence, productivity, health and well-being, and long-term care needs of people with disabilities, older adults, and people with mental and substance use disorders.

NOTE: BHDAP was previously known as the Office of Disability, Aging, and Long-Term Care Policy (DALTCP). Only our office name has changed, not our mission, portfolio, or policy focus.

Excerpts of this report were derived from reports delivered under contract #HHSP233201600017I between HHS's ASPE/BHDAP and Mathematica Policy Research to conduct the national evaluation of the demonstration. For additional information about this subject, you can visit the BHDAP home page at https://aspe.hhs.gov/bhdap or contact the ASPE Project Officer, Judith Dey, at HHS/ASPE/BHDAP, Room 424E, H.H. Humphrey Building, 200 Independence Avenue, S.W., Washington, D.C. 20201. Her e-mail address is: Judith.Dey@hhs.gov.

CERTIFIED COMMUNITY BEHAVIORAL HEALTH CLINICS DEMONSTRATION PROGRAM: Report to Congress, 2019

September 2020

Prepared for
Office of Behavioral Health, Disability, and Aging Policy
Office of the Assistant Secretary for Planning and Evaluation
U.S. Department of Health and Human Services
Contract #HHSP233201600017I

The opinions and views expressed in this report are those of the authors. They do not reflect the views of the Department of Health and Human Services, the contractor or any other funding organization. This report was completed and submitted on January 2020.

TABLE OF CONTENTS

ACRONYMS	iii
INTRODUCTION	1
DEMONSTRATION STATES AND PROSPECTIVE PAYMENT SYSTEMS MODEL SELECTED	3
FINDINGS	6
Access to Community-Based Mental Health Services	
The Quality and Scope of Services Provided by CCBHCs	12
Impact of the CCBHC Program on Federal and State Costs	14
CONCLUSIONS	18
APPENDIX A. ADDITIONAL TABLES	21

LIST OF FIGURES AND TABLES

FIGURE 1.	Certification and in March 2018 and March 2019	7
FIGURE 2.	Proportion of CCBHCs that Provided Services Outside of Physical Clinic Space in the Past 12 Months	8
FIGURE 3.	Proportion of CCBHCs that Added Each Type of Service as a Result of Certification	9
FIGURE 4.	Proportion of CCBHCs that Provided Each Type of Service Either Directly or Through a DCO	10
FIGURE 5.	Proportion of CCBHCs that Provided Selected EBPs, Psychiatric Rehabilitation Services, and Other Services, Either Directly or Through a DCO	11
	DY1 Rates as Percent Above or Below DY1 Costs Per Visit-Day or Per Visit-Month for Clinics by State	
TABLE 1.	Number of CCBHCs, Demonstration Start Date, and PPS	
TABLE A.1.	CCBHC Staffing	21
TABLE A.2.	Services Added as a Result of CCBHC Certification, 2018	22
TABLE A.3.	Telehealth and Remote Services	23
TABLE A.4.	CCBHCs and DCOs Provided Required Services	24

ACRONYMS

The following acronyms are mentioned in this report and/or appendix.

BH Behavioral Health

CCBHC Certified Community Behavioral Health Clinic CMS HHS Centers for Medicare & Medicaid Services

DCO Designated Collaborating Organizations

DY Demonstration Year
DY1 First Demonstration Year
DY2 Second Demonstration Year

EBP Evidence-Based Practice
ED Emergency Department
EHR Electronic Health Record

HHS U.S. Department of Health and Human Services

HIT Health Information Technology

LCSW Licensed Clinical Social Worker

MAT Medication-Assisted Treatment

MH Mental Health

PAMA Protecting Access to Medicare Act
PHQ Patient Health Questionnaire
PPS Prospective Payment Systems
PPS-1 PPS First Model/Methodology
PPS-2 PPS Second Model/Methodology

QBP Quality Bonus Payment

SAMHSA HHS Substance Abuse and Mental Health Services Administration

SED Serious Emotional Disturbance

SMI Serious Mental Illness SUD Substance Use Disorder

TCM Targeted Case Management

VA U.S. Department of Veterans Affairs